

How to be an Encouraging Wife in a Crazy Economy

**Women's Weekend
Crossroads Bible Church
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Top Ten Ways to Encourage Your Husband in a Crazy Economy

1. Pray for him
2. Build him up
3. Have an extra measure of patience
4. Choose words wisely
5. Make time for date nights & fun
6. Listen to him
7. Give him quiet time at the house
8. Make your home peaceful
9. Look for ways to help him
10. Don't forget that his main job is his job search

Encouraging Verses

Come near to God and he will come near to you. *James 4:8*

You will keep in perfect peace him whose mind is steadfast, because he trusts in you. *Isaiah 26:3*

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.
Romans 8:28

Praise be to the Lord, to God our Savior, who daily bears our burdens.
Psalms 68:19

The LORD gives strength to his people; the LORD blesses his people with peace. *Psalms 29:11*

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. *Isaiah 41:10*

I will instruct you and teach you in the way you should go; I will counsel you and watch over you. *Psalms 32:8*

Many are the plans in a man's heart, but it is the LORD's purpose that prevails.
Proverbs 19:21

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. *Philippians 4:6-7*

Trust in the LORD with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight.
Proverbs 3:5-6

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God. *2 Corinthians 1:3-4*

Seven Days of Prayers

Day 1: Dear Lord, I pray that I can be still and know that you are God (Psalm 46:10) today. Please help me find peace in your plan for our week. May my peace be a blessing to my husband this week.

Day 2: Dear Lord, thank you that you have plans to prosper us and not to harm us and to give us hope and a future (Jeremiah 29:11). Please help me remember that my husband's career future is in your hands.

Day 3: Dear Lord, please help me to speak words to my husband that encourage him and build him up (I Thessalonians. 5:11), not tear him down. Help me to be sensitive to words that I may not even realize might hurt him.

Day 4: Dear Lord, thank you that I can fear no evil, for you are with me (Psalm 23:4). Please help me keep my thoughts turned to you instead of my circumstances today.

Day 5: Dear Lord, help me to be full of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self control (Galatians 5:22-23) with my husband today. Please help me to filter my words and actions through these qualities.

Day 6: Dear Lord, thank you that you are a God who provides for us and that you will never leave us or forsake us (Deuteronomy 31:6). Help me to remember to look to you for our provision and that you will always provide.

Day 7: Dear Lord, thank you that you promise us that when we are weary and burdened that we can come to you for rest (Matthew 11:28). Please help me think of creative ways I can make my home a place of rest for my family.

Questions for Reflection

1. What is the hardest thing for you, personally, during this time?
2. What are some of the ways you are encouraging your husband during this time?
3. What are some of the things you would like to do differently?
4. How are you keeping your marriage strong during this time?
5. What is bringing you the most comfort during this time of uncertainty?